

Taking a Golf Lesson

Taking a golf lesson can be quite a nerve racking experience but it should be fun and exciting. I am going to give you some simple tips you should follow when taking a golf lesson from a professional golfer.



Step 1: Book a time of the year that you are free to work on your game. A time when your not working too much or don't have too many other time consuming commitments. Determine what days and times of the week work best for your schedule.

Step 2: What do you need to bring to the lesson? Do you have clubs, a glove, and shoes? Also check the dress requirements, and see if maybe you can demo some new clubs. Find out exactly where you need to go so you don't spend time looking the golf academy. Inquire how much the lesson will cost as well what benefits you'll receive when taking the lesson. For example, do they offer video analysis, training aids, student handbooks, etc.



Step 3: Arrive before your lesson so you can stretch, ask questions, and feel prepared to learn. The last thing you want is to do is be rushed as your lesson time is very valuable.





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THE LESSON TEE

Step 4: If you don't understand what your professional is saying you have to STOP the lesson. Feel free to ask questions so that you understand what the pro is telling you. Most importantly, you must write down what you learned. After your lesson, sit with the pro and review on paper what was discussed during the lesson.



Step 5: After you finish this lesson remember to book another one for a future date. Make sure to add some time in between lessons to practice what you learned. You will not benefit from your lesson if you don't practice. Have fun with your professional and enjoy the learning process!

At Heartland Golf Schools we make golf fun & easy to learn!